

# Warrior Advance 10k/5k

Place	Bib	Name	Overall	Age	Gender	Pace	Lap1	Lap2	Finish
<b>10km-Run</b>									
<b>Female</b>									
<b>Women's 14-19</b>									
1.	398	GANLEY, Shawna	76 / 82	14	41 / 47	13:18	28:10.0	54:29.3	1:22:39.3
2.	397	GANLEY, Shannon	77 / 82	15	42 / 47	13:18	28:09.7	54:30.2	1:22:39.8
<b>Women's 20-29</b>									
1.	379	YAU, Irene	20 / 82	24	6 / 47	8:25	29:41.1	22:37.1	52:18.1
2.	345	HOLTZNER, Meredith	63 / 82	28	33 / 47	10:56	33:39.3	34:22.2	1:08:01.4
3.	302	GRANGER, Alicia	66 / 82	24	36 / 47	11:03	33:09.0	35:31.4	1:08:40.3
4.	336	TAYLOR, Tori	73 / 82	29	40 / 47	12:13	36:09.7	39:48.5	1:15:58.1
5.	230	MILLER, Sara	78 / 82	29	43 / 47	13:20	39:30.2	43:20.9	1:22:51.1
<b>Women's 30-39</b>									
1.	382	POWERS, Leanne	8 / 82	32	1 / 47	7:30	22:15.4	24:26.2	46:41.6
2.	334	MORRISON, Rachael	14 / 82	32	3 / 47	8:03	24:49.6	25:15.2	50:04.7
3.	353	TURGEON, Katie	15 / 82	35	4 / 47	8:05	24:48.0	25:26.7	50:14.6
4.	380	BATISTE, Tiffany	23 / 82	34	8 / 47	8:36	26:17.6	27:14.7	53:32.2
5.	301	CAPPELLO, Jennie	31 / 82	37	12 / 47	9:08	27:14.3	29:31.6	56:45.8
6.	341	SHAW, Lindsay	32 / 82	32	13 / 47	9:08	27:46.4	29:00.2	56:46.6
7.	356	GOFF, Abby	45 / 82	36	20 / 47	10:03	30:59.2	31:33.5	1:02:32.6
8.	239	LEINS, Amanda	46 / 82	34	21 / 47	10:08	30:37.1	32:25.4	1:03:02.5
9.	399	CHRISTMAN, Jennifer	51 / 82	35	24 / 47	10:26	32:38.3	32:11.9	1:04:50.2
10.	386	KIKKERT, Jillian	54 / 82	34	25 / 47	10:29	31:26.4	33:46.1	1:05:12.5
11.	344	COOK, Lauren	64 / 82	30	34 / 47	10:56	33:39.3	34:22.2	1:08:01.4
12.	377	WATTS, Christina	79 / 82	37	44 / 47	13:27	38:20.1	45:19.5	1:23:39.5
13.	346	FORESTER, Danielle	81 / 82	35	46 / 47	14:04	40:43.1	46:46.4	1:27:29.5
14.	324	DONNELLY, Laura	82 / 82	30	47 / 47	14:05	41:58.6	45:34.8	1:27:33.4
<b>Women's 40-49</b>									
1.	253	MORRIS, Scotty	12 / 82	42	2 / 47	7:48	23:52.5	24:38.7	48:31.1
2.	260	PRITCHARD, Tracy	17 / 82	42	5 / 47	8:13	25:25.6	25:43.2	51:08.7
3.	347	WOOD, Amber	27 / 82	41	9 / 47	8:51	26:48.6	28:11.9	55:00.4
4.	300	JORDAN, Stephanie	37 / 82	45	15 / 47	9:28	29:21.0	29:33.1	58:54.1
5.	305	CASSETTA, Ann	39 / 82	45	16 / 47	9:41	29:44.3	30:31.9	1:00:16.2
6.	391	HANSEN, Wendy	40 / 82	47	17 / 47	9:42	29:39.9	30:37.2	1:00:17.0
7.	378	VOGT, Teresa	42 / 82	48	18 / 47	9:53	30:57.0	30:31.7	1:01:28.7
8.	350	PAUL, Nancy	47 / 82	48	22 / 47	10:19	30:34.6	33:36.5	1:04:11.0
9.	273	KESSLER, Rebecca	48 / 82	43	23 / 47	10:22	30:52.6	33:33.9	1:04:26.5
10.	313	HILL, Lisa	55 / 82	49	26 / 47	10:31	30:33.0	34:53.2	1:05:26.1
11.	387	JONES, Jonna	56 / 82	44	27 / 47	10:40	29:54.5	36:24.5	1:06:19.0
12.	328	DENENEA, Vicki	57 / 82	49	28 / 47	10:40	34:35.5	31:46.9	1:06:22.4
13.	268	GARNER, Natalie	59 / 82	49	30 / 47	10:44	33:22.8	33:23.5	1:06:46.2
14.	340	TURLINGTON, Rae	62 / 82	43	32 / 47	10:56	31:39.5	36:18.7	1:07:58.1
15.	396	GANLEY, Barbara	65 / 82	48	35 / 47	11:03	29:58.6	38:41.8	1:08:40.3
16.	308	WILLIAMS, Joanna	67 / 82	43	37 / 47	11:06	29:38.8	39:21.1	1:08:59.9
17.	307	GRANTLAND, Jacqui	70 / 82	44	39 / 47	11:36	35:21.3	36:45.7	1:12:06.9
18.	306	MACK, Rebekah	80 / 82	40	45 / 47	13:40	38:16.9	46:41.3	1:24:58.1
<b>Women's 50-59</b>									
1.	310	SPATZ, Debra	21 / 82	58	7 / 47	8:28	25:48.1	26:54.6	52:42.6
2.	367	NWADIKE, Valinda	29 / 82	52	11 / 47	9:00	25:53.6	30:02.5	55:56.1
3.	296	ANSALVISH, Pamela	36 / 82	52	14 / 47	9:27	28:33.4	30:11.7	58:45.0
4.	373	DONLEY, Barb	60 / 82	59	31 / 47	10:53	32:13.1	35:25.7	1:07:38.8
5.	369	COOKE, Maria	69 / 82	53	38 / 47	11:14	31:37.3	38:13.0	1:09:50.3
<b>Women's 60-69</b>									
1.	388	GARDINER FEGELEY, Marian	28 / 82	63	10 / 47	8:54	26:42.0	28:39.5	55:21.4

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Place	Bib	Name	Overall	Age	Gender	Pace	Lap1	Lap2	Finish
2.	299	MCCONVILLE, Sheri	44 / 82	61	19 / 47	10:02	30:54.2	31:28.6	1:02:22.7
3.	269	LEWIS, Patty	58 / 82	61	29 / 47	10:44	33:21.0	33:24.1	1:06:45.0

## Male

### Men's 20-29

1.	231	O'CLAIR, Kevin	1 / 82	20	1 / 35	6:00	18:17.4	19:00.8	37:18.1
2.	255	JENSEN, Markus	22 / 82	27	15 / 35	8:34	28:41.5	24:36.2	53:17.7
3.	395	MARTINEZ, Chuy	33 / 82	24	20 / 35	9:14	27:04.9	30:22.0	57:26.8

### Men's 30-39

1.	390	WOOD, Noah	2 / 82	34	2 / 35	6:51	20:48.7	21:48.7	42:37.4
2.	264	DOWGIALLO, Joe	3 / 82	34	3 / 35	7:00	21:41.2	21:49.3	43:30.4
3.	375	CROSBY, Brian	4 / 82	35	4 / 35	7:00	20:47.5	22:44.0	43:31.4
4.	372	LABORIE, Nathan	5 / 82	37	5 / 35	7:03	22:07.7	21:46.4	43:54.0
5.	342	CLINTON, Robert	11 / 82	35	10 / 35	7:46	24:02.1	24:16.0	48:18.1
6.	357	GOFF, Jarred	16 / 82	36	12 / 35	8:07	23:42.2	26:47.2	50:29.3
7.	337	KEOHANE, John	74 / 82	38	34 / 35	12:21	35:28.4	41:21.6	1:16:50.0

### Men's 40-49

1.	349	COLE, Eric	6 / 82	41	6 / 35	7:19	22:23.8	23:06.0	45:29.7
2.	267	SCHRAEDER, Godron	9 / 82	43	8 / 35	7:41	23:34.2	24:13.0	47:47.2
3.	235	BISHOP, Rick	18 / 82	47	13 / 35	8:14	24:52.1	26:18.8	51:10.9
4.	383	CORBIN, Phillip	35 / 82	46	22 / 35	9:16	28:21.2	29:18.2	57:39.3
5.	354	BRADLEY, Kevin	38 / 82	41	23 / 35	9:31	28:29.5	30:40.2	59:09.7
6.	394	ENCINAS, Jesus	43 / 82	46	25 / 35	9:57	27:56.3	33:56.9	1:01:53.1
7.	303	ANCAR, Quentin	50 / 82	42	27 / 35	10:26	32:27.9	32:22.1	1:04:49.9
8.	312	HILL, Mark	52 / 82	47	28 / 35	10:29	29:58.6	35:11.2	1:05:09.8
9.	392	CARR, Gary	53 / 82	41	29 / 35	10:29	31:24.9	33:45.6	1:05:10.5
10.	298	RICCIARDI, Michael	68 / 82	47	31 / 35	11:06	36:14.4	32:49.1	1:09:03.5

### Men's 50-59

1.	316	MUELLER, Don	7 / 82	59	7 / 35	7:30	22:55.6	23:44.5	46:40.1
2.	381	WALSER, Dave	10 / 82	59	9 / 35	7:42	23:36.9	24:14.4	47:51.2
3.	321	NAM, Jay	13 / 82	58	11 / 35	7:56	23:42.5	25:36.7	49:19.1
4.	311	FLANIGAN, Chris	19 / 82	51	14 / 35	8:17	24:34.7	26:55.8	51:30.5
5.	173	GAFFUD, Emmanuel	24 / 82	56	16 / 35	8:38	25:21.4	28:19.3	53:40.7
6.	343	FOLKESTAD, Eric	25 / 82	54	17 / 35	8:48	25:07.8	29:38.2	54:46.0
7.	271	FAULKNER, John	30 / 82	58	19 / 35	9:03	27:24.0	28:55.6	56:19.5
8.	250	WRIGHT, Raymond	34 / 82	54	21 / 35	9:15	28:23.6	29:10.3	57:33.8
9.	384	FLYNN, Michael	41 / 82	55	24 / 35	9:45	28:22.6	32:14.3	1:00:36.8
10.	234	MCKENDREW, John	75 / 82	53	35 / 35	12:55	34:50.7	45:30.3	1:20:21.0

### Men's 60-69

1.	351	SMITH, Rick	26 / 82	63	18 / 35	8:50	26:50.5	28:04.1	54:54.6
2.	371	SISSON, Ill, George	49 / 82	69	26 / 35	10:25	29:33.5	35:13.2	1:04:46.7
3.	211	BAILEY, Daniel	61 / 82	-1	30 / 35	10:53	31:59.8	35:39.0	1:07:38.8
4.	385	ANDRISZAK, Robert	71 / 82	61	32 / 35	11:55	35:41.0	38:22.2	1:14:03.1
5.	297	HOWARD, Gary	72 / 82	67	33 / 35	12:01	35:38.8	39:06.9	1:14:45.7