

## 2014 Keep Your Colon Rollin 5K

Race DateOverall Finish List

March 29, 2014

**Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Alexandra Glass	Lusby, MD	192	27	F	1 Top	23:50	7:41/M
2	Catherine Sutton		145	32	F	1 30-39	24:25	7:53/M
3	Jessica Herzog	Lusby, MD	460	11	F	1 0-12	24:56	8:03/M
4	Lyndsey Ferguson		436	23	F	1 20-29	24:58	8:03/M
5	Casie Reynolds		109	30	F	2 30-39	25:54	8:21/M
6	Kimberly Zwissler		183	21	F	2 20-29	26:12	8:27/M
7	Julie Grooms		451	55	F	1 50-59	27:26	8:51/M
8	Jane Thomas		155	38	F	3 30-39	27:35	8:54/M
9	Ruth Tonkyro	Leonardtown, MD	209	36	F	4 30-39	27:44	8:57/M
10	Kay Cooper		412	49	F	1 40-49	27:51	8:59/M
11	Jenna Morse		496	33	F	5 30-39	28:11	9:05/M
12	Jane Isleib	Fairfax VA	469	28	F	3 20-29	28:52	9:19/M
13	Tyler Didra		425	16	F	1 13-19	28:58	9:21/M
14	Julie Stiffler		139	47	F	2 40-49	29:01	9:22/M
15	Amy Szatanek		150	46	F	3 40-49	29:18	9:27/M
16	Angie Wiltse	Lusby, MD	179	45	F	4 40-49	29:22	9:28/M
17	Catherine Brophy		389	46	F	5 40-49	29:23	9:29/M
18	Lelia Blankenship	Saint Leonard, MD	381	48	F	6 40-49	29:27	9:30/M
19	Terri Thomas		226	45	F	7 40-49	29:33	9:32/M
20	Angelic Allen	Lusby, MD	359	31	F	6 30-39	29:40	9:34/M
21	Dana Fox		444	29	F	4 20-29	30:02	9:41/M
22	Emily Alexander		357	29	F	5 20-29	30:17	9:46/M
23	Edie Hoover		465	42	F	8 40-49	30:33	9:51/M
24	Rebecca Kessler		477	40	F	9 40-49	30:38	9:53/M
25	Kim Sanford		222	39	F	7 30-39	31:11	10:04/M
26	Audrey Fordham	Saint Leonard, MD	440	17	F	2 13-19	31:51	10:16/M
27	Ashleigh Catlett		394	8	F	2 0-12	32:08	10:22/M
28	Jolene Lauria Sullens		142	48	F	10 40-49	32:30	10:29/M
29	Sherri Catlett		395	36	F	8 30-39	32:33	10:30/M
30	Jessica Western		177	36	F	9 30-39	32:37	10:31/M
31	Tiffany Heamstead		201	28	F	6 20-29	32:46	10:34/M
32	Marilyn VanWagner		167	57	F	2 50-59	32:55	10:37/M
33	Julie Allen		212	52	F	3 50-59	33:33	10:49/M
34	Brianna O'Dell		499	32	F	10 30-39	33:37	10:51/M
35	Harmoni Biggans		377	35	F	11 30-39	33:56	10:57/M
36	Beth Rimmer		217	35	F	12 30-39	34:10	11:01/M
37	Meg Behe		371	9	F	3 0-12	34:29	11:07/M
38	Jen Behe		370	41	F	11 40-49	34:35	11:09/M
39	Patricia Berry		374	53	F	4 50-59	34:36	11:10/M
40	Dorothy Zwissler		182	58	F	5 50-59	34:46	11:13/M
41	Erin Poff		104	33	F	13 30-39	35:04	11:19/M
42	Kristi Daugherty		420	39	F	14 30-39	36:12	11:41/M
43	Nancy Shumate	Huntingtown, MD	130	58	F	6 50-59	36:57	11:55/M
44	Hannah Christofferson	Owings, MD	404	17	F	3 13-19	36:59	11:56/M
45	Lindsay Halterman	Leonardtown, MD	455	28	F	7 20-29	37:06	11:58/M
46	Dawn Cobb	Huntingtown MD	407	49	F	12 40-49	37:17	12:02/M
47	Morag Dahlstrom		415	52	F	7 50-59	38:03	12:16/M
48	Meagan Dahlstrom		414	19	F	4 13-19	38:04	12:17/M
49	Kristin Chapman		399	41	F	13 40-49	39:24	12:43/M

## 2014 Keep Your Colon Rollin 5K

Race DateOverall Finish List

March 29, 2014

**Female**

<b>Overall</b>	<b>Name</b>	<b>City</b>	<b>Bib No</b>	<b>Age</b>	<b>Gend</b>	<b>AG Place</b>	<b>Time</b>	<b>Pace</b>
50	Angel Wilde		178	31	F	15 30-39	39:36	12:46/M
51	Nicki Klecz		478	42	F	14 40-49	39:43	12:49/M
52	Lahquisha Brooks		388	39	F	16 30-39	40:49	13:10/M
53	Julie Ursiny	Lothian, Md	166	46	F	15 40-49	41:12	13:17/M
54	Mary Johnson		471	58	F	8 50-59	41:47	13:29/M
55	Christine Blocksidge		384	39	F	17 30-39	41:51	13:30/M
56	Rebecca Shaw		127	17	F	5 13-19	41:58	13:32/M
57	Doris O'Donnell		500	40	F	16 40-49	42:13	13:37/M
58	Joan Reese		108	48	F	17 40-49	42:19	13:39/M
59	Phyllis Tobias		158	38	F	18 30-39	43:07	13:55/M
60	Kylee Sills	Saint Leonard, MD	131	23	F	8 20-29	44:06	14:14/M
61	Emily Hooper		224	14	F	6 13-19	44:13	14:16/M
62	Jessica Falcone		434	25	F	9 20-29	44:30	14:21/M
63	Brandi Wardsworth		207	23	F	10 20-29	44:32	14:22/M
64	Chelsea Russell		121	22	F	11 20-29	44:33	14:22/M
65	Angela Horn		466	45	F	18 40-49	44:37	14:24/M
66	Julie Losh		206	37	F	19 30-39	44:41	14:25/M
67	Laurie Wood		180	39	F	20 30-39	44:43	14:25/M
68	Regina Lovett		484	43	F	19 40-49	44:51	14:28/M
69	Amy Cox		220	38	F	21 30-39	45:11	14:35/M
70	Sharon Nazarek	Hollywood, MD	498	53	F	9 50-59	45:36	14:43/M
71	Bonnie Hochhalter		461	46	F	20 40-49	47:30	15:19/M
72	Tracy Curtis		413	47	F	21 40-49	47:54	15:27/M
73	Kelly Church		405	44	F	22 40-49	48:00	15:29/M
74	Robin Fordham	Saint Leonard, MD	441	50	F	10 50-59	48:11	15:33/M
75	Brenda Hull		467	56	F	11 50-59	48:24	15:37/M
76	Brenda Stallman		136	52	F	12 50-59	48:25	15:37/M
77	Joyce Owens		101	48	F	23 40-49	48:26	15:37/M
78	Michelle Folsom		203	34	F	22 30-39	48:49	15:45/M
79	Julie Thompson	Waldorf, MD	157	55	F	13 50-59	50:15	16:13/M
80	Lisa Hall	Lusby, MD	453	35	F	23 30-39	50:25	16:16/M
81	Ashleigh Brown		390	9	F	4 0-12	50:29	16:17/M
82	Jerri Ann Maten		488	46	F	24 40-49	50:43	16:22/M
83	Ann Ryan		122	60	F	1 60-97	50:44	16:22/M
84	Allison Dorr		195	16	F	7 13-19	50:59	16:27/M
85	Aryn Dorr		196	13	F	8 13-19	51:00	16:27/M
86	Breann Kohlieber		479	26	F	12 20-29	51:13	16:31/M
87	Madelyn Brown		391	6	F	5 0-12	51:28	16:36/M
88	Dale Dorr		197	43	F	25 40-49	51:32	16:37/M
89	Joanne Upton	Saint Leonard, MD	162	50	F	14 50-59	51:53	16:44/M
90	Lindsay Falcone		435	23	F	13 20-29	52:20	16:53/M
91	Mercy Akpan		185	53	F	15 50-59	52:28	16:55/M
92	Krystal Stovall		140	24	F	14 20-29	53:13	17:10/M
93	Tara Strain		141	22	F	15 20-29	53:14	17:10/M
94	Yvonne Shigley		199	47	F	26 40-49	53:23	17:13/M
95	Wanda Delia	prince frederick, MD	423	56	F	16 50-59	53:29	17:15/M
96	Ann Ueno		160	51	F	17 50-59	54:29	17:35/M
97	Tamerind Walker		173	53	F	18 50-59	54:56	17:43/M
98	Diana Welch	Huntingtown, MD	175	43	F	27 40-49	55:00	17:45/M

Overall Finish List

March 29, 2014

**Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
99	Debi Didra		426	44	F	28 40-49	55:06	17:46/M
100	AnnMarie Kenyon	Lusby, MD	475	34	F	24 30-39	55:08	17:47/M
101	Cathy Faille		433	53	F	19 50-59	55:40	17:57/M
102	Lisa Easter	Dowell, Md	431	36	F	25 30-39	55:41	17:58/M
103	Phyllis Moore	Saint Leonard, MD	494	46	F	29 40-49	55:57	18:03/M
104	Angela Cook	Prince Frederick, Md	408	51	F	20 50-59	56:21	18:11/M
105	Stacey Ritter		114	27	F	16 20-29	58:49	18:58/M
106	Patti Ritter		115	52	F	21 50-59	58:50	18:59/M
107	Fran Alexander		358	54	F	22 50-59	59:22	19:09/M
108	Sandy Shearer		129	52	F	23 50-59	59:23	19:09/M
109	Marilyn Price		106	56	F	24 50-59	59:32	19:12/M
110	Kimberly Cook		411	52	F	25 50-59	59:33	19:13/M
111	Ashly Gray	Lusby, MD	449	27	F	17 20-29	1:01:15	19:45/M
112	Lynn Kulasiewicz		480	52	F	26 50-59	1:01:16	19:46/M
113	Linda Turner		159	67	F	2 60-97	1:01:17	19:46/M
114	Nicole Palman	Saint Leonard, MD	102	22	F	18 20-29	1:01:42	19:54/M
115	Alyssa Davis		421	20	F	19 20-29	1:01:45	19:55/M
116	Abby Gryskewick		219	20	F	20 20-29	1:01:59	20:00/M
117	Ellen Cartney	West River, MD	393	51	F	27 50-59	1:02:00	20:00/M
118	Penny Sullivan	Saint Leonard, MD	143	46	F	30 40-49	1:02:00	20:00/M
119	Dema Anderson		364	59	F	28 50-59	1:03:03	20:20/M
120	Carol Allen		362	74	F	3 60-97	1:11:14	22:59/M

## 2014 Keep Your Colon Rollin 5K

Race DateOverall Finish List

March 29, 2014

**Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Jordan Blankenship		379	16	M	1 Top	17:28	5:38/M
2	Trent Herzog	Lusby MD	459	17	M	1 13-19	17:50	5:45/M
3	Brian Isleib	Fairfax VA	468	28	M	1 20-29	18:45	6:03/M
4	David Leowensteiner		483	36	M	1 30-39	18:52	6:05/M
5	Dave Walser	Lusby MD	174	55	M	1 50-59	20:52	6:44/M
6	Garrett Ursiny	Saint Leonard, MD	164	18	M	2 13-19	20:56	6:45/M
7	Nathan Blankenship	Saint Leonard, MD	378	21	M	2 20-29	21:05	6:48/M
8	Jake Rupard	Chesapeake Beach	119	28	M	3 20-29	21:20	6:53/M
9	Jason Grimes		208	29	M	4 20-29	21:32	6:57/M
10	Stephen Dare		417	30	M	2 30-39	21:35	6:58/M
11	Scott Herzog	Lusby MD	458	47	M	1 40-49	21:36	6:58/M
12	Michael Homick		464	52	M	2 50-59	22:04	7:07/M
13	Joshua Upton	Saint Leonard, MD	161	23	M	5 20-29	22:21	7:13/M
14	Carl Bevard		376	27	M	6 20-29	22:37	7:18/M
15	Paul York		181	33	M	3 30-39	23:18	7:31/M
16	Chris Jenkins		470	40	M	2 40-49	23:25	7:33/M
17	Charles Wolfe		188	15	M	3 13-19	23:29	7:35/M
18	Nathan Stephens		189	24	M	7 20-29	23:37	7:37/M
19	Brian Volack		191	27	M	8 20-29	23:52	7:42/M
20	Dave Nazarek		497	54	M	3 50-59	25:11	8:07/M
21	Larry Polsky	Lexington Park, MD	105	49	M	3 40-49	25:17	8:09/M
22	Adam Szatanek		151	10	M	1 0-12	25:32	8:14/M
23	Jim Rumble	California MD	117	62	M	1 60-97	25:43	8:18/M
24	Christopher Gray	Lusby, MD	448	28	M	9 20-29	25:57	8:22/M
25	Nathan Szatanek		152	14	M	4 13-19	26:21	8:30/M
26	Dwayne Cox	Huntingtown MD	221	43	M	4 40-49	26:25	8:31/M
27	Robert Scott		125	26	M	10 20-29	26:48	8:39/M
28	Steve Rupard	Chesapeake Beach	118	64	M	2 60-97	27:00	8:43/M
29	Justin Thomoas		225	43	M	5 40-49	27:07	8:45/M
30	Tom Jones		190	64	M	3 60-97	27:22	8:50/M
31	Troy Stiffler		138	52	M	4 50-59	27:31	8:53/M
32	Martin Greenbaum	Solomons MD	450	68	M	4 60-97	27:54	9:00/M
33	Michael Stein		137	37	M	4 30-39	28:41	9:15/M
34	Jeff Galleger		193	36	M	5 30-39	29:03	9:22/M
35	Scott Blankenship	Saint Leonard, MD	380	47	M	6 40-49	29:30	9:31/M
36	Charlie Blocksidge		382	10	M	2 0-12	29:53	9:38/M
37	Jesse Halterman		456	14	M	5 13-19	30:00	9:41/M
38	Michael Matthews		202	19	M	6 13-19	30:11	9:44/M
39	Christopher Childress		402	41	M	7 40-49	31:03	10:01/M
40	Nick Allen	Lusby, MD	361	32	M	6 30-39	31:20	10:06/M
41	Matthew Doxzon		427	16	M	7 13-19	31:44	10:14/M
42	Clifton Scott		124	31	M	7 30-39	31:48	10:15/M
43	Cole Chapman		401	8	M	3 0-12	32:14	10:24/M
44	Charles Blocksidge		385	42	M	8 40-49	32:23	10:27/M
45	Damien Allen		360	7	M	4 0-12	32:38	10:32/M
46	Benjamin Rumble		194	33	M	8 30-39	32:50	10:35/M
47	Richard Barney		367	51	M	5 50-59	33:04	10:40/M
48	Participant 80		80	99	M	1 98-99	33:20	10:45/M
49	Jack Upton	Saint Leonard, MD	163	49	M	9 40-49	33:39	10:51/M

Overall Finish List

March 29, 2014

**Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
50	Ryan Whitnay		210	24	M	11 20-29	33:40	10:52/M
51	Fernando Marcelo		487	48	M	10 40-49	33:41	10:52/M
52	Sidney Chapman		398	39	M	9 30-39	34:22	11:05/M
53	Michael Ursiny	Lothian, Md	165	48	M	11 40-49	34:27	11:07/M
54	Tanner Chapman		400	6	M	5 0-12	34:35	11:09/M
55	Jeff Szatanek		204	47	M	12 40-49	35:19	11:24/M
56	Andrew Caufield		396	21	M	12 20-29	35:39	11:30/M
57	Steven White		215	37	M	10 30-39	38:28	12:25/M
58	Martin Madden	Prince Frederick MD	485	62	M	5 60-97	38:53	12:33/M
59	James Grooms		452	60	M	6 60-97	39:26	12:43/M
60	Troy Kellner		472	12	M	6 0-12	40:35	13:05/M
61	Henry Blocksidge		383	8	M	7 0-12	41:49	13:29/M
62	John David Losh		205	10	M	8 0-12	44:28	14:21/M
63	Thomas Ryan		123	60	M	7 60-97	46:39	15:03/M
64	Neil Skidmore		134	51	M	6 50-59	47:29	15:19/M
65	Dave Church		406	46	M	13 40-49	47:57	15:28/M
66	Bradley Allen		213	10	M	9 0-12	48:14	15:34/M
67	Rex Barrett		369	44	M	14 40-49	50:23	16:15/M
68	Steven Halterman Jr.		457	25	M	13 20-29	51:28	16:36/M
69	Joe Fordham		442	50	M	7 50-59	51:50	16:43/M
70	Robert Zwissler		184	55	M	8 50-59	52:05	16:48/M
71	Owens Fleming		200	72	M	8 60-97	52:21	16:53/M
72	Participant 186		186	99	M	2 98-99	52:29	16:56/M
73	Vince Corrado		198	42	M	15 40-49	53:22	17:13/M
74	Lee Davis		211	51	M	9 50-59	54:59	17:44/M
75	Scott Welch	Huntingtown, MD	176	46	M	16 40-49	55:01	17:45/M
76	David Didra		424	47	M	17 40-49	55:05	17:46/M
77	Steve Kenyon	Lusby, MD	476	33	M	11 30-39	55:12	17:48/M
78	Wayne Cook		409	51	M	10 50-59	58:21	18:49/M
79	Kevin Moore		493	47	M	18 40-49	58:28	18:52/M
80	Chip Allen		214	53	M	11 50-59	59:34	19:13/M
81	Alexander Rimmer		218	5	M	10 0-12	1:01:33	19:51/M
82	Jason Rimmer		216	40	M	19 40-49	1:01:35	19:52/M
83	Robert Fox, Jr.		445	47	M	20 40-49	1:11:15	22:59/M