

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Melissa McNamara		20	321	1	23:58.19	7:44/M

*Overall place within gender

March 23, 2013

Female 12 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Alyssa Heintzelman	New Carrollton, MD	12	859	5	26:21.18	8:30/M
2 *	Jessica Herzog	Lusby, MD	10	862	6	26:22.87	8:30/M
3 *	Chloe Fleming	Dunkirk, MD	9	827	66	43:07.00	13:55/M
4	Alyssa Simmons	Port Tobacco, MD	10	945	86	49:08.00	15:51/M
5	Kathryn Pastelak	Prince Frederick, Md	8	920	101	52:48.00	17:02/M
6	Holly Burns	Saint Leonard, MD	10	802	113	54:48.00	17:41/M
7	Katherine Nehrbass	Lusby, MD	12	915	125	59:50.00	19:18/M

Female 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Tatiana Pfalz	Prince Frederick, Md	15	928	2	24:43.10	7:58/M
2 *	Jaimie Devlin		14	313	10	26:55.13	8:41/M
3 *	Elizabeth O'Hare		16	310	12	28:34.80	9:13/M
4	Eileen Walsh		16	308	13	28:35.80	9:13/M
5	Maggie Horstkamp	Prince Frederick, Md	16	878	18	28:52.80	9:19/M
6	Caroline Weirich		15	309	19	28:56.80	9:20/M
7	Rachel Romano		15	595	20	29:18.80	9:27/M
8	Savannah Garber	Lusby, MD	15	838	23	30:11.00	9:44/M
9	Samantha Rodrigues		18	339	27	31:29.00	10:09/M
10	Lauren Sparks	Owings, MD	18	956	50	37:00.00	11:56/M
11	Hannah Christofferson	Owings, MD	16	811	52	37:14.00	12:01/M
12	Katherine Prelug		16	593	53	37:34.00	12:07/M
13	Audrey Fordham	Saint Leonard, MD	16	831	61	42:54.00	13:50/M
14	Emma Cook	Prince Frederick, Md	19	814	62	42:56.00	13:51/M
15	Hindake Faltamo		16	352	71	43:28.00	14:01/M
16	Jessica Bergstrom	Huntingtown, MD	18	788	73	44:40.00	14:25/M
17	Michele Burns	Saint Leonard, MD	19	804	88	49:30.00	15:58/M
18	Jessica Allen	Dunkirk, MD	13	780	94	51:41.00	16:40/M
19	Johanna Buchanan	Lusby, MD	18	800	109	54:15.00	17:30/M
20	Jessica Ursiny		19	354	120	57:22.00	18:30/M
21	Becca Loher		17	319	128	1:00:34.00	19:32/M
22	Kimberly Sullivan	Saint Leonard, MD	16	963	139	1:03:12.00	20:23/M
23	Jessica Howell	Saint Leonard, MD	19	881	141	1:06:01.00	21:18/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Hannah Kittel	Arlington, VA	23	892	4	26:03.64	8:24/M
2 *	Alexandra Glass	Lusby, MD	26	840	9	26:41.06	8:36/M
3 *	Casey Hodgkins	Lexington Park, MD	27	869	15	28:40.80	9:15/M
4	Tiffany Heamstead		27	306	26	31:26.00	10:08/M
5	Kristyn Neubauer	Glenwood, MD	26	916	29	31:55.00	10:18/M

*Overall place within gender

March 23, 2013

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
6	Jane Isleib	Fairfax, VA	27	887	32	32:24.00	10:27/M
7	Sarah Koller	Saint Leonard, MD	29	893	33	32:31.00	10:29/M
8	Mary Bennett Fowler	Prince Frederick, Md	28	833	42	34:09.00	11:01/M
9	Jennifer Fenelon	Patuxent River, MD	25	825	43	34:38.00	11:10/M
10	Nicole Ward	prince frederick, MD	24	981	48	35:56.00	11:35/M
11	Emily Turner	Upper Marlboro, MD	24	969	56	38:11.00	12:19/M
12	Lindsay Halterman	Leonardtown, MD	27	854	57	38:58.00	12:34/M
13	Colleen Palman	Saint Leonard, MD	21	917	63	43:02.00	13:53/M
14	Kylee Sills	Saint Leonard, MD	22	944	67	43:09.00	13:55/M
15	Maria Brooks	Prince Frederick, Md	21	797	80	48:13.00	15:33/M
16	Courtney Hillebrand	Saint Leonard, MD	26	865	84	48:50.00	15:45/M
17	Rebecca Hillebrand	Saint Leonard, MD	22	868	85	49:00.00	15:48/M
18	Lindsey Krantz		25	340	87	49:27.00	15:57/M
19	Ariel Ashburn	Saint Leonard, MD	22	784	93	51:22.00	16:34/M
20	Stephanie Abell	Port Tobacco, MD	29	777	95	52:16.00	16:52/M
21	Shannon Phelan	Prince Frederick, Md	20	930	102	53:15.00	17:11/M
22	Lindsay Falcone		22	332	105	53:47.00	17:21/M
23	Pamela Hurley	Chesapeake Beach, Md	29	886	106	53:48.00	17:21/M
24	Dayania Carroll	Prince Frederick, Md	25	805	116	56:30.00	18:14/M
25	Mary Saylor	prince frederick, MD	23	942	121	57:48.00	18:39/M
26	Hannah Berens		23	335	123	59:22.00	19:09/M
27	Ashly Gray	Lusby, MD	26	842	131	1:01:28.00	19:50/M
28	Nicole Palman	Saint Leonard, MD	21	918	144	1:07:39.00	21:49/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Jane Thomas		37	341	8	26:30.95	8:33/M
2 *	Jacqueline Quan	Lusby, MD	33	933	16	28:45.80	9:16/M
3 *	Jennifer Hoover	Lusby, MD	31	874	21	29:19.80	9:27/M
4	Ruth Tonkyro	Leonardtown, MD	35	966	30	32:02.00	10:20/M
5	Angelic Allen	Lusby, MD	30	779	34	32:35.00	10:31/M
6	Susanne Long	California, MD	30	897	35	32:55.00	10:37/M
7	Tracey Hance	Owings, MD	39	857	36	32:57.00	10:38/M
8	Page Stroup	Baltimore, MD	34	962	37	33:24.00	10:46/M
9	Linda Ronniger	Huntingtown, MD	31	935	39	33:29.00	10:48/M
10	Jennifer Saunders	Prince Frederick, Md	38	941	40	33:55.00	10:56/M
11	Jenna Morse		32	322	44	34:43.00	11:12/M
12	Lynn Powell		39	305	45	35:05.00	11:19/M
13	Rebecca Daley	Lusby, MD	31	816	46	35:44.00	11:32/M
14	Jennifer Sparks	Owings, MD	38	955	51	37:12.00	12:00/M
15	Holly Hagen	Waldorf, MD	36	850	54	38:00.00	12:15/M
16	Jen Brown	Charlotte Hall, MD	35	799	74	45:56.00	14:49/M
17	Tracy Nalley	Saint Leonard, MD	34	909	77	46:02.00	14:51/M

*Overall place within gender

March 23, 2013

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
18	AnnMarie Kenyon	Lusby, MD	33	890	98	52:30.00	16:56/M
19	Kerri Hagen	Waldorf, MD	35	851	107	53:55.00	17:24/M
20	Jessica Middendorf	Prince Frederick, Md	30	901	114	55:18.00	17:50/M
21	Lisa Hall	Lusby, MD	34	853	117	56:30.00	18:14/M
22	Lisa Easter	Dowell, Md	35	824	129	1:00:39.00	19:34/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Cindy Crispell		40	325	3	25:34.28	8:15/M
2 *	Kary Pawloski	Lusby	40	316	7	26:27.17	8:32/M
3 *	Lelia Blankenship	Saint Leonard, MD	47	791	14	28:37.80	9:14/M
4	Paige Folkman	Saint Leonard, MD	44	830	17	28:48.80	9:17/M
5	Cathy Brophy		45	337	22	30:04.80	9:42/M
6	Angie Wiltse	Lusby, MD	44	988	31	32:21.00	10:26/M
7	Holly Herzog	Lusby, MD	47	861	41	34:07.00	11:00/M
8	Judy Devlin		44	314	47	35:45.00	11:32/M
9	Colleen Muretta		47	311	49	36:04.00	11:38/M
10	Karen Abell	California, MD	45	776	58	39:00.00	12:35/M
11	Lorraine Woods	Prince Frederick, Md	44	990	60	39:57.00	12:53/M
12	Glynis Moody	Dunkirk, MD	45	903	68	43:11.00	13:56/M
13	Jennifer Smialek	port republic, md	42	948	69	43:23.00	14:00/M
14	Susan Bergstrom	Huntingtown, MD	47	789	75	45:58.00	14:50/M
15	Joanne Upton	Saint Leonard, MD	49	973	78	46:03.00	14:51/M
16	Dawn Brown	Lusby, MD	45	798	79	46:11.00	14:54/M
17	Julie Owens		46	336	89	49:45.00	16:03/M
18	Tracey Gaydos	Baltimore, MD	40	839	90	51:06.00	16:29/M
19	Cynthia Horsmon	Saint Leonard, MD	47	875	91	51:16.00	16:32/M
20	Bonnie Smith	Saint Leonard, MD	49	949	92	51:20.00	16:34/M
21	Doris Pritchett	Saint Leonard, MD	45	932	96	52:25.00	16:55/M
22	Angela Loor	Lusby, MD	45	898	97	52:26.00	16:55/M
23	Robin Fordham	Saint Leonard, MD	49	832	99	52:33.00	16:57/M
24	Debbie Horstkamp	Prince Frederick, Md	48	876	111	54:36.00	17:37/M
25	Joanne Burns	Saint Leonard, MD	47	803	115	56:10.00	18:07/M
26	Jeannette Duran	Prince Frederick, Md	48	821	118	56:36.00	18:15/M
27	Kimberly Miller	Dunkirk, MD	49	902	119	56:37.00	18:16/M
28	Debra Berens	Saint Leonard, MD	48	785	122	59:20.00	19:08/M
29	Joann Durbin	Lusby, MD	47	822	126	1:00:29.00	19:31/M
30	Anna Robertson		41	346	127	1:00:30.00	19:31/M
31	Tammy Fox	Saint Leonard, MD	47	835	130	1:01:27.00	19:49/M
32	Diana Welch	Huntingtown, MD	42	984	132	1:01:32.00	19:51/M
33	Kristin Waller		41	318	133	1:01:37.00	19:53/M
34	Barbara Warner		41	301	136	1:02:49.00	20:16/M
35	Penny Sullivan	Saint Leonard, MD	45	964	138	1:02:57.00	20:18/M

*Overall place within gender

March 23, 2013

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
36	Vallery Howell	Saint Leonard, MD	48	883	140	1:05:43.00	21:12/M
37	Phyllis Moore	Saint Leonard, MD	45	905	143	1:07:37.00	21:49/M
38	Cynthia Holland	port republic, md	44	872	145	1:07:41.00	21:50/M
39	Deborah Ursiny		40	355	146	1:10:02.00	22:35/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Patti Sparenberg	Chesapeake Beach, Md	50	954	11	28:12.80	9:06/M
2 *	Dorothy Wenzel	Hollywood, MD	56	987	24	30:15.00	9:45/M
3 *	Julie Allen		51	334	25	30:31.00	9:51/M
4	Shari Flowers-Sweeney	Waldorf, MD	52	829	28	31:40.00	10:13/M
5	Josephine Snavely	Hollywood, MD	52	950	55	38:02.00	12:16/M
6	Mary B. Johnson	Lusby, MD	57	888	65	43:05.00	13:54/M
7	Joan Emberland		52	353	70	43:24.00	14:00/M
8	Sharon Nazarek	Hollywood, MD	52	913	72	43:47.00	14:07/M
9	Linda Reburn	Deale, MD	53	934	76	45:59.00	14:50/M
10	Leslie Brooks	Prince Frederick, Md	58	796	81	48:24.00	15:37/M
11	Kathleen Tyrrell	Lusby, MD	59	970	82	48:27.00	15:38/M
12	Julie Thompson	Waldorf, MD	54	965	83	48:31.00	15:39/M
13	Debra Hughes	Lusby, MD	56	884	100	52:46.00	17:01/M
14	Elizabeth Hillebrand	Saint Leonard, MD	50	866	103	53:23.00	17:13/M
15	Wanda Delia	prince frederick, MD	55	819	104	53:25.00	17:14/M
16	Pauline White		56	592	110	54:17.00	17:31/M
17	Rebecca Snipes	Hughesville, MD	54	952	112	54:47.00	17:40/M
18	Elizabeth Nehrbass	Lusby, MD	51	914	124	59:48.00	19:17/M
19	Joanne Chaney	Owings, MD	57	809	135	1:02:39.00	20:13/M
20	Ellen Cartney	West River, MD	50	806	137	1:02:56.00	20:18/M
21	Angela Cook	Prince Frederick, Md	50	813	142	1:06:03.00	21:18/M
22	R. Green	Prince Frederick, Md	57	844	147	1:10:07.00	22:37/M

Female 60 to 97

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Carolyn Chandler	Solomons, MD	64	807	38	33:27.00	10:47/M
2 *	Linda Rupard	Chesapeake Beach, Md	62	938	59	39:13.00	12:39/M
3 *	Pamela Hanrahan	Huntingtown, MD	63	858	64	43:03.00	13:53/M
4	Merle Morrow		71	328	108	53:56.00	17:24/M
5	Frances Phelan	Saint Leonard, MD	76	929	134	1:02:26.00	20:08/M

*Overall place within gender

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Justin Zarzaca	Lexington Park, MD	22	991	1	17:25.64	5:37/M

*Overall place within gender

March 23, 2013

Male 12 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Adam Szatanek		9	330	32	27:11.58	8:46/M
2 *	Alexandra Morse		7	323	54	32:53.00	10:36/M
3 *	Conner Fleming	Dunkirk, MD	7	828	55	33:54.00	10:56/M
4	Alexander Rimmer		4	344	80	56:06.00	18:06/M
5	Bradley Allen		9	350	82	1:00:13.00	19:25/M
6	Damien Allen		6	590	85	1:00:33.00	19:32/M

Male 13 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Trent Herzog	Lusby, MD	15	864	2	17:46.84	5:44/M
2 *	Garrett Ursiny	Saint Leonard, MD	17	976	5	20:21.14	6:34/M
3 *	Jeremy Upton	Saint Leonard, MD	17	972	8	20:43.09	6:41/M
4	Jack Berens	Saint Leonard, MD	16	786	14	22:26.00	7:14/M
5	Connor Reilly		15	315	16	23:20.26	7:32/M
6	Nathan Szatanek		13	329	27	26:05.40	8:25/M
7	Robbie Romans		15	594	28	26:18.63	8:29/M
8	Derrick Slaughter-Easter	Dowell, Md	15	947	48	30:08.00	9:43/M
9	Austin Woods	Prince Frederick, Md	15	989	64	41:03.00	13:15/M
10	Stefan Pfalz	prince frederick, MD	14	927	65	41:06.00	13:15/M
11	Jesse Halterman		13	304	67	45:52.00	14:48/M
12	Michael Rodrigues		15	338	73	50:17.00	16:13/M
13	Thomas Welch		18	320	87	1:01:23.00	19:48/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Jason Grimes		28	331	6	20:34.80	6:38/M
2 *	Jake Rupard	Lusby, MD	27	937	15	22:59.00	7:25/M
3 *	Joshua Upton	Saint Leonard, MD	22	975	17	23:29.75	7:35/M
4	Brian Volack		26	312	18	23:55.89	7:43/M
5	Chadwick Hodgkins	Lexington Park, MD	28	870	22	24:50.36	8:01/M
6	William Hawkins		26	599	34	27:27.70	8:51/M
7	Michael Pearson		29	351	36	27:46.80	8:57/M
8	Dominic Turner	Upper Marlboro, MD	26	968	39	28:21.80	9:09/M
9	Christopher Gray	Lusby, MD	27	843	44	29:46.80	9:36/M
10	Albert DeCesaris	Huntingtown, MD	25	818	51	31:12.00	10:04/M
11	Christopher Napier	Huntingtown, MD	29	910	52	31:56.00	10:18/M
12	Andrew Sochowski	Lexington Park, MD	27	953	57	34:37.00	11:10/M
13	Nathan Blankenship	Saint Leonard, MD	20	792	59	36:47.00	11:52/M
14	Steven Halterman	Charlotte Hall, MD	24	855	66	44:55.00	14:29/M
15	Jonathan Upton	Saint Leonard, MD	21	974	71	48:37.00	15:41/M
16	Scott Coy II		25	333	78	53:46.00	17:21/M

*Overall place within gender

March 23, 2013

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
17	Ryan Ward	prince frederick, MD	27	982	81	57:42.00	18:37/M
18	Christopher Connor	Huntingtown, MD	23	812	90	1:01:49.00	19:56/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	David Lowensteiner		34	342	3	18:50.04	6:05/M
2 *	Doug Nassif	California, MD	30	911	7	20:40.63	6:40/M
3 *	Nicholas Walker	California, MD	30	979	10	21:02.61	6:47/M
4	Michael Daley	Lusby, MD	32	815	33	27:12.91	8:46/M
5	David Corcoran		39	303	40	28:24.80	9:10/M
6	Nick Allen	Lusby, MD	31	781	43	29:32.80	9:32/M
7	Jeff Gallagher		35	591	49	30:27.00	9:49/M
8	Steven White		36	597	58	34:45.00	11:13/M
9	Chad Hagen	Waldorf, MD	38	849	60	37:58.00	12:15/M
10	Michael Abell Jr	Port Tobacco, MD	33	778	72	49:10.00	15:52/M
11	Steve Kenyon	Lusby, MD	32	891	75	52:28.00	16:55/M
12	Jason Rimmer		39	345	79	55:20.00	17:51/M
13	Ted Allen		32	349	83	1:00:15.00	19:26/M
14	Chris Easter		34	307	86	1:00:40.00	19:34/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	George Hall		44	596	4	19:15.70	6:13/M
2 *	Jay Clarke		45	302	12	21:31.63	6:56/M
3 *	Scott Herzog	Lusby, MD	46	863	13	21:33.04	6:57/M
4	Larry Polsky	Lexington Park, MD	46	931	19	24:03.39	7:45/M
5	Helmut Pfalz	prince frederick, MD	47	924	20	24:04.15	7:46/M
6	William Brence	Stafford, VA	42	794	23	25:11.29	8:07/M
7	Dan Wenberg	port republic, md	43	986	37	27:49.80	8:58/M
8	John Hass		47	324	41	28:51.80	9:18/M
9	Scott Blankenship	Saint Leonard, MD	46	793	42	29:24.80	9:29/M
10	Jack Upton	Saint Leonard, MD	48	971	46	29:51.80	9:38/M
11	Rico Malebranche	California, MD	44	900	53	32:28.00	10:28/M
12	Michael Snavelly	Hollywood, MD	46	951	61	38:09.00	12:18/M
13	J Bitner	Baltimore, MD	42	790	62	38:30.00	12:25/M
14	Michael Ursiny	Lothian, Md	47	978	76	52:31.00	16:56/M
15	Kenneth Robertson		48	347	84	1:00:31.00	19:31/M
16	Robert Fox	Saint Leonard, MD	46	834	88	1:01:25.00	19:49/M
17	Scott Welch	Huntingtown, MD	45	985	89	1:01:40.00	19:54/M
18	Pernaudo Marcelo		47	326	91	1:01:51.00	19:57/M

*Overall place within gender

March 23, 2013

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Dave Walser	Lusby, MD	54	980	9	20:59.20	6:46/M
2 *	Michael H Homick	Huntingtown, MD	50	873	11	21:22.23	6:54/M
3 *	Dale Allison	Lusby, MD	57	782	21	24:06.31	7:46/M
4	David Nazarek	Hollywood, MD	53	912	24	25:20.93	8:10/M
5	Dave Heintzelman	New Carrollton, MD	50	860	29	26:37.49	8:35/M
6	Michael Berens	Saint Leonard, MD	54	787	31	26:49.63	8:39/M
7	Patrick Hawkins		53	598	35	27:29.80	8:52/M
8	Mark Hillebrand	Saint Leonard, MD	51	867	45	29:50.80	9:37/M
9	Jerry Budnick	Lusby, MD	56	801	69	46:48.00	15:06/M
10	J. Michael Brooks	Prince Frederick, Md	56	795	70	48:15.00	15:34/M
11	Jim Waller		59	317	92	1:01:52.00	19:57/M
12	Nick Pastelak	Prince Frederick, Md	50	921	93	1:02:00.00	20:00/M

Male 60 to 97

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1 *	Jim Rumble	California, MD	61	936	25	25:26.93	8:12/M
2 *	Steve Rupard	Chesapeake Beach, Md	63	939	26	25:59.57	8:23/M
3 *	George Sisson, III	Owings, MD	65	946	30	26:48.34	8:39/M
4	Martin Greenbaum	Solomons, MD	67	845	38	28:09.80	9:05/M
5	Paul F. Doherty	Chesapeake Beach, Md	67	820	47	30:07.00	9:43/M
6	Howard Hogan	Owings, MD	63	871	50	30:28.00	9:50/M
7	Gary Howard	Leonardtown, MD	62	880	56	33:57.00	10:57/M
8	Martin Madden	prince frederick, MD	61	899	63	39:06.00	12:37/M
9	Dennis Chandler	Solomons, MD	71	808	68	46:13.00	14:55/M
10	Jim St. Ledger	Deale, MD	60	957	74	51:05.00	16:29/M
11	Peter Hughes	Lusby, MD	68	885	77	52:37.00	16:58/M
12	Larry Chaney	Owings, MD	67	810	94	1:02:42.00	20:14/M

*Overall place within gender